



Orienteering is a challenging outdoor adventure sport enjoyed by people of all ages, abilities and backgrounds.



Orienteering

Cheltenham Summer Series for Beginners

North Gloucestershire Orienteering Club has organised this series to allow orienteering novices to have a go at this fun sport. We offer:

- A series of five local orienteering events on Friday evenings
- A regular format of 3 courses for all ages
- All courses suitable for beginners of all ages, so bring the whole family
- Free guidance and advice

No previous experience is necessary. No special equipment is needed – just bring your trainers. You may run as fast as you can or walk the course at a leisurely pace, as you prefer.

Start Times from 6 until 7pm

Entry Cost FREE OF CHARGE!!

To Find Us look out for our banners

Friday 11th June Bournside School, Warden Hill Rd, Cheltenham

Friday 18th June Pittville Park, Cheltenham
(golf course side of the lake)

Friday 25th June Cox's Meadow, Old Bath Rd, Chelt.

Friday 2nd July Pittville Park, Cheltenham

Friday 9th July Crickley Hill Country Park, Birdlip

Courses Available: (You may try more than one!)

WHITE	Easy and Short – suitable for children
YELLOW	Easy but a little longer and a little trickier than White – suitable for older children and timid adult beginners
ORANGE	A little more difficult and longer than Yellow, but still suitable for adult beginners and confident children



For more details about this series, refer to our club website www.ngoc.org.uk

OR contact the organiser, Greg Best on 01242 546999 or 07989 276668
or by email to captain@ngoc.org.uk

